

# TIGHTLINES

## Olympic Fly Fishers of Edmonds Let's Go Fishing! by Bill Scott

I've been a member of OFF for two years now and have shared fishing experiences with some of my fellow members. I know how much fun I've had at these outings and I sometimes wonder why I don't see many of the faces I see at the meetings. I know how busy life can be, and I know how precarious it feels to plan a fishing trip while life is throwing all kinds of surprises at you.

**I found Olympic Fly Fishers on a Google search, made a phone call and came to my first meeting to see what a fly fishing club was about. I had my share of doubts, for good reasons but I've always been a person who had to see for myself.**

So I attended an OFF meeting anyway. I was determined to learn fly fishing before I departed this life and I was willing to tolerate the social uncertainties of a new Club experience for a while, if I could learn something in the process.

Wow, to my surprise, I had a good time and met some cool people my first night. The first person I talked to was Terry Zeitner. Then I met David Claude. Then, I heard this big loud laugh and a brash "In your face" voice. It was Steve Murray. "I'm not sure about this guy" I thought. He seemed a little intimidating so I kept my distance for a while.

I went to a couple meetings and then decided if I was going to learn something, I really needed to go on an outing. Wow, these guys were talking about going to Blue Lake, I love that area. Maybe they can show me how to catch fish there. I drove out and camped at the lake, ran into David Claude and Captain Larry. I also met Mike Truax, who sponsored the outing. Steve Murray, Mike Bunny, Don Summers, and Don Corwin were camped at the pond. They appeared to keep to themselves. I didn't know why and started to wonder if this was the group for me.

So I gathered up a bit of Dutch courage and walked up to their campsite and they offered me a chair. "Well, at least they're courteous", I thought. We started talking and they asked me about my day. They handed me a big water glass of this really great tasting iced tea. "Wow, this is some good stuff", I thought as I drank it down. Then, that big loud guy comes out of the camper. It's Steve Murray. He's carrying a plate of great looking food and the aroma is fantastic. "Here", he says as he sets it in my lap. "See if you like this." All of a sudden it hit me, these guys were glad I came to visit them. I had to make the effort to get to know them. I had to take the initiative, show a little interest and respect and they promptly returned it.

***That day was honestly one of the most fun days in my life. I will remember it forever. I caught many trout that day - one Brown longer than my 20 inch scale. I learned to rig and fish Chironomids.*** And to top it off, I spent the evening socializing with my fellow members with a new sense of Club comradery. I made it back to the camper and despite the rumors about that event, I did make it on the water by 9:30 am the very next morning.

The great thing about fly fishing is there are so many ways to enjoy it, from fishing local Washington waters, to simply reading a good book, or to traveling thousands of mile to waters few have ever fished. I understand some of our members very much enjoy the fun we have at the monthly meetings and are not looking to participate any further. I get that! And as the Outings chairman I am not trying to force anyone to go on an outing. But I will try my level best to provide a great selection of outings to convince more of you to come out and give it a try.

I know there are members who want to experience a little adventure and think about going on an outing. They want to go, but keep putting it off because they don't know people well enough or they feel like an outsider to a group. I want to convince those members to put all the excuses aside and take the step. **Going on a fishing trip is always an adventure, unexpected things happen, we improvise when things break, people poke fun at us for the silly things we do, the stuff we forgot. I have not seen one person in life that hasn't done something we would call "stupid". We all do it because we are human beings.** Some of us are really good at hiding our little screw ups but I have silently watched people cover their tracks. It's all part of life, part of the journey. It takes a lot of preparation to get out on the water and land a trout; many things have to go right. Sometimes, they go wrong - big deal!

**Another benefit, you may learn something new. There are some very experienced fishermen in this club and they are willing to teach others.** People are not going to ridicule you or make fun of you, at least not until they get to know you a little. We want you to come out and fish with us because we all need new friends, we all have our idiosyncrasies, and its fun to get to know each other. Our differences make us interesting to each other, and we should all remember to show each other a degree of respect. In OFF, all members are old enough to have paid some dues in life and we should all enjoy our remaining time having some fun. Remember, some people appear to group together because it's a natural tendency once they know each other and become friends. It doesn't mean you are not welcome but you have to take the initiative to get to know them. You may be surprised by the response you receive.

**I volunteered to be the Outings Chairman for Olympic Fly Fishers because I like the club, I like the members, and I hope to give something back that will help the club continue. It is already a great club but we need more participation in club outings to keep it healthy and strong.** I'm working on a schedule of events and plan to incorporate some of the excellent ideas people are offering for possible activities. I know I have a learning curve ahead and my goal is to make outings fun for everyone — no matter what their skill level.

For some stories about past outings around this time of year, go to our website, click the link for newsletters and take a look at the March 2010, May and June 2009, and April and June 2008 issues of Tightlines. OFF needs you to participate, just ask we are here to help!

**2011 Olympic Fly Fishers of Edmonds Outings Schedule:**  
**March** 11-16 Hoh River Steelhead (see page 4); Lake Lenice March 18-20, dinner with Capt.Larry 19th; also at Lenice March 24-26 Mike Bunny and Steve Murry. **April** - Lone Lake; **May** Chopaka Lake; and Puget Sound Cutthroat Trout. **June** - Lost Lake.

# Fly Fishing For Kamloops Trout

Ray Gould



## Armchair Anglers' Review Ray Gould's "Fly Fishing For Kamloops Trout" by Terry Zeitner for the Olympic Fly Fishers of Edmonds

**D**o you ever wonder what it would be like to go on those fishing trips we see on TV and fish for trout as big as your arm in beautiful, pristine locations? If you are like many of us the questions of where to go, what equipment do I need, what fly patterns work, what time of year is best overwhelm us and we give a little sigh maybe continue to watch the show on TV then resign ourselves to fishing the same tired waters another year. Fortunately, there is an alternative and its right next door in British Columbia. All you need is a desire for some adventure, a willingness to see it through, and a copy of Ray Gould's latest book "Fly Fishing for Kamloops Trout".

**T**his volume some 50 years in the making explores and answers the questions we have about this spectacular animal. What makes this fish so special and yet so mysterious? Where can you find them? How do you get there? What tackle do you need? Are there special fly patterns that work best? What time of year is best? Ray along with his motley cast of fellow fly casters have searched both the remote and the remarkably close waters of British Columbia and discovered a fair number of the Province's secret places. Within these pages are the names, maps, fish stocking rates, access points, and stories of 26 of Ray's personal favorite waters. It provides a snapshot of Ray's continuing lifelong research as well as a blueprint, a starting point, for today's adventurous angler to seek out new waters and new experiences.

**T**he book explores not only Ray's lifelong love affair with these fascinating creatures but it also opens a window into the continuing work being done by the BC government and its partnership with the hatcheries, biologists, and angler members of the nonprofit Freshwater Fisheries Society of BC to provide what continues to be called "the best freshwater fishery in North America". *We, the anglers located here in the Pacific NW are very fortunate being next door as it were to such an opportunity need only to travel a few hours to experience this fishery for ourselves.* It's for that reason alone if nothing else this work is of great importance and what makes it a worthy read and a book that deserves a permanent place in any angler's library.

### Let's have a "Look Inside" the Book:

**C**alling Lake BC (pictured above) is a lovely little 74 acre lake near Logan Lake BC and is well worth the effort to find. There are several excellent fishing spots. First try the lily pad area just past the boat launch and a bit to the right. It's near the outlet. *I took my best fish (19") right there on a Nyerger Nymph (naturally) using a sink tip since the water is shallow.* Then at the other end of the lake near where the inlet is there is another good spot just before you get into the lily pads. We had good success using a Watson's Anomaly (see page 96) of my book.

This is a high lake at 5,281 ft which gets planted in the fall each year with 6,000 Kamloops fry. It seems to fish best in September and sometimes has a wonderful sedge hatch along the left (north shore). If so, use the Tom Thumb or the Black O'Lindsay and you'll have a ball. Note too that this lake has special restrictions, bait ban, single barbless hook and two (2) fish limit. Be sure to take an electric motor with you as it's a long row to the far end of the lake.



### Gould's Modified Version of The Nyerger Nymph

This version of Gil Nyerger's famous pattern "The Nyerger Nymph" was slowly developed by Gould over the past fifty years through rigorous testing and trials. It's no exaggeration to say that it is the most reliable pattern I use as it works in every lake in BC that I've ever been to. The subtle modifications have made

it a terrific "fish getter". It is very effective when used on a floating line, sink tip or a sinking line depending on whether it is cast or mooched. The fly seems to imitate both a shrimp and a caddis nymph. Tying instructions: Hook = Tiemco 200R size 10, Thread = Olive green, Tail = Brown hackle fibers, Rib = copper wire counter wound – holds hackle in place, Body = Olive green chenille, medium, Hackle = reddish brown, palmered. Very important: the fibers must be long and sweep back towards the hook bend and extend about to the end of the tail. Clip off the top and sides so that the hackle appears as legs. Head = Fairly large of olive green thread coated with head cement.

**About the Author:** Ray Gould is a long time member of Olympic Fly Fishers of Edmonds, previously President of Northwest Fly Anglers, member of Evergreen Fly Club, and recipient of the 2006 Letcher Lambuth Angling Craftsman Award (Tightlines Feb. 2006). Ray has owned a cabin on Glimpse Lake for 35+ years, where he fishes and explores the lakes of BC. As the OFFE May 2011 Invited Speaker, Ray will present his power point program titled "Fly Fishing For Kamloops." **Fly Fishing For Kamloops Trout, SC 8.5x11" in illustrated full color, 60 fly patterns, plus Ray's 3 favorite consistently successful patterns. Available On-Line at: [www.kamloopstrout.com](http://www.kamloopstrout.com)**

## CHERRY POINT HERRING

by Terry Zeitner

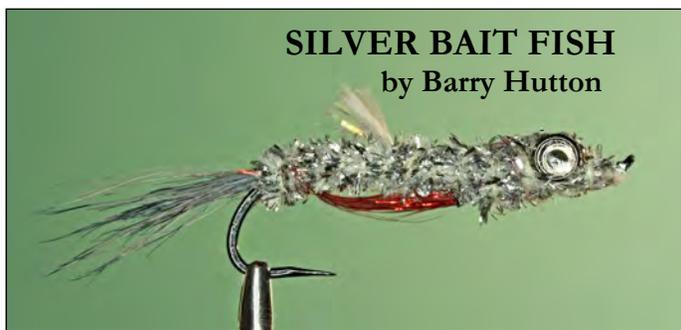


65 Day Old Cherry PointHerring (mm)

Photo Credit USGS

## SILVER BAIT FISH

by Barry Hutton



Barry Hutton was the second member to respond to the Gearing Up For Cutthroat call to create a pattern based on the 65 day old Cherry Point Herring pictured above.

### Materials for: Hutton's Silver Bait Fish

Hook - Mustad 8-1L Underbelly - Red Flashabo  
Thread - 6/0 Silver Eyes - Dumbells Add Eyes  
Body - Silver Chenille Tail - Polar bear dyed blue  
Eyes - Dumbells Eyes Back Fins - Krystal Flash

## HERRING PATTERN

by Keith Stamm



Keith Stamm was the third member to respond to the Gearing Up For Cutthroat call to create a pattern based on the 105 day old Cherry Point Herring (Feb.Tighlines).

### Materials for: Stamm's Herring Pattern

Hook #6 TMC 811S saltwater, static bag strip body, Puglisi 3D minnow fibers/white & olive/sparse, 6 strands rainbow crystal flash, small stick-on eyes, super glue on head/eyes.

## OLYMPIC FLY FISHERS OF EDMONDS - FLY TYING

### BENCH Lead Article by Terry Zeitner

The pattern I've attempted to tie is a modification of one developed by Les Johnson of his book "Fly Fishing Coastal Cutthroat Trout". In the book he developed a pattern for Williams Point Sand Lance that has been a standard smolt pattern used for Cutthroat trout and resident Silver salmon for some 20 years. While the original is quite effective over sandy bottom areas especially at high slack tide or evening, as a general smolt pattern over rocky or oyster bed bottoms it has never been a consistent winner.

I've modified the color scheme and size as well as simplified the pattern to imitate this herring when it is still quite small (30mm) living in Puget Sound in areas frequented by the trout.

These forage fish tend to school near and around depressions, old pilings or current breaks on more rocky bottom areas while the Sand Lance like a more open sandy bottom to forage and hide in the sand when predators are near. If you examine the immature 65 day old Cherry Point Herring what is immediately apparent is the lack of color, the relatively small size, the prominent eye and lateral line.

In order to imitate such a creature these features must be incorporated for it to be effective. As previously stated, these fish are found in large schools that take advantage of the underwater terrain to provide shelter from the rapid water movement during tide change as well as structure such as rocks, pilings, or other manmade structures that also hold their food supply of smaller creatures. If they are caught in more fast moving current their small size and mass tends to make them easy targets for ambushing predators primarily high in the water column or even at the surface as they struggle for air.

Another important element of this pattern development is understanding the Cutthroat's feeding habits. He is an opportunist, an ambush predator, and like most predators not fussy where his next meal comes from. His eyesight is quite remarkable, he sees color very well at least at the depths we will be fishing, and his sense of smell is exceptional. He tends to like ambush locations where the current sweeps past his location and like all predators, he cannot resist an easy meal of a struggling bait fish or other creature being pushed past his hiding place like a moving smorgasbord allowing him to dart out, grab what he likes and retreat back to the security of his holding place. Normally you will find him within the first 40 feet of shore working all depths of the water column. He especially favors a location where there is a stream flowing into the salt, as again that brings additional food past his waiting spot. He picks a holding location out of the current, behind or near structure and waits. If a stream is available he will move up its mouth sometimes quite far especially at dusk and dawn and feed just like his freshwater cousins but return to the salt where the food is more abundant. (Continued page 4)

## You Are Not Dreaming... HOH MARCH STEELHEADING

*Complements of Member  
Jeff Bandy*

Have you ever dreamed of catching a really big steelhead? Well... Your dream can come true! I'm talking something in the 20+lb range. Here is your chance. I'll be taking my motorhome out to the Hoh River from March 11<sup>th</sup> - 20<sup>th</sup>. I have open space for a guest from the 11<sup>th</sup> to 16<sup>th</sup>. I have a drift boat and toon on site, just need an OFF member with a hitch to tow the boat to the launch. I'll be staying at a favorite campground, easy to get to, just contact me to schedule your trip. Don't have a truck? I'm sure we can work something out. Give me a call. Jeff Bandy 206-200-6335

### Welcome New Members

**Bill Morton**, Edmonds  
Bill described some great summer fly fishing trips, including fishing the Quinault River. He may be surprised to learn that the club could benefit from his expertise in primate behavior.

**John Wendt**,  
Lake Forest Park  
John likes to fly fish, is active in North Shore Trout Unlimited, and the meeting attendance impressed him, however he believes there may be untapped resources for increased income from auction events.

**Mike Wintler**  
Mukilteo, WA  
Mike was impressed enough with [www.olympicflyfish.com](http://www.olympicflyfish.com) to come down for a meeting, he likes to fish and looks forward to fly fishing with OFF.



**OFF Member Perry Barth sends this Action ALERT** to fellow members: U.S.E.P.A. February 7, 2011 press release gave notice that the agency will “conduct a scientific assessment of the Bristol Bay watershed to better understand how future large-scale development projects may affect water quality and Bristol Bay’s salmon fishery” in response to “concerns focused on the potential Pebble Mine project.” Perry referenced recent news items on this subject: Seattle Times Feb. 20, 2011 “Bristol Bay fishery must be protected” by Jenna Hall, Feb. 7, 2011 “EPA to study impacts on Bristol Bay watershed” by Becky Bohrer; and the website - [www.savebristolbay.org](http://www.savebristolbay.org)

## CHERRY POINT HERRING

by Terry Zeitner

(continued)

**T**o tie the pattern is quite easy. Mount your hook in the vise and if you desire pinch the barb down. At the hook midpoint tie in your thread and take a very small clump of fine white deer hair and secure it along the back of the hook extending about 3/4” past the hook bend. I put a drop of head cement on the thread/hair union just to help secure it and prevent twisting. Let the cement dry before proceeding. Tie in two strands of fine pearl Flashabou, one on either side of the white deer hair parallel to the hook shank end extend it just past the end of the deer hair. Tie in at that same junction a strand or two of pearl Flashabou and then wind your thread toward the eye leaving the newly attached Flashabou to dangle for the moment. Form the head by winding the thread back and forth to form a tapered section about 1/4” long with a slightly raised area near the hook eye. Finish wrapping your Flashabou over this thread to form a body ending just behind the hook eye. Trim off the Flashabou and whip finish the thread. Add a drop of head cement and let it dry. With your modeling paints put a small drop of white on either side of the fly at the highest part of the body. This paint drop should be in proportion with the fly’s size. Let the paint dry. Come back with black paint and put a very tiny drop in the center of the white spots as eye irises. Again let the fly dry. Finally, using thinned out head cement cover the head lightly to help protect the body from unraveling and let dry. Go fishing!!

**Originator:** Les Johnson. Modified with permission by Terry Zeitner.

**Tier:** Terry Zeitner

**Hook:** Gamakatsu SC-15, size 8.

**Thread:** 8X clear Frog Hair mono tippet.

**Tail:** None.

**Wing:** A few strands of very fine white bucktail. About 1” long

**Topping:** None. Optionally a mix of a very few strands of blue and silver Krystal Flash could be added but at this stage of the herring’s development it is nearly clear.

**Median Line:** 2 strands of pearl Flashabou. One strand on either side of the wing parallel to the hook shank.

**Eyes:** Painted. A single fine drop of Pearl White modeler’s acrylic with a fine Black dot of the same type modeler’s acrylic centered on the dried Pearl White.

**Head:** Built up thread covered by pearl Flashabou.

**Gills & Gullet:** None. Optionally a very few strands of red Krystal Flash about 1/4” long at the base of the head where it joins the wing.

**TIGHTLINES April Schedule  
“Let’s Go Fishing”  
Send Pictures & Stories**



### General Information

The General meeting is held on the 2nd Wednesday of each month at the South County Senior Center, 220 Railroad Ave., Edmonds, WA. Social hour: 6:00 p.m. The Business meeting is held on the 4th Wednesday of each month at Alf’s, 4820 196th SW, Lynnwood, WA. at 6:00 p.m.

### Officers:

Rolf Mogster, President, 206-546-2677  
Bruce Johnson, V.P., 425-742-2252  
Bill MacDonald, Treasurer, 425-774-4769  
Thomas Sawtell, Communications. & TIGHTLINES, 425-744-0401  
Keith Stamm, Secretary, 206-368-5596  
Phil Sacks, Gillie, 425-741-7311  
Mike Bunney, Trustee, 425-672-3345

### Chairs:

Mike Truax, Conservation, 425-672-6963  
William Scott, Outings  
Terry Zeitner, Membership  
Open seat, Education  
Beverage Meister, Jeff Bandy

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